



24-Hour Sponsored Swim Guidelines for Swimmers and Parents

General info

The 24-hour sponsored swim will be held at Guildford Grammar Senior Pool 4-5th June. The aim of the event is twofold:

1. To build team spirit
 2. To raise funds to assist a team of GK Swimmers to attend the SA State Championships in January 2024. (25% of the funds raised will be donated to charity)
- Swimmers will compete in teams of 8 minimum, completing a continuous 24-hour swim, beginning at midday Sunday 4th June, and ending on Monday 5th June. Laps will not be officially counted or recorded for the teams.
 - The swimming schedule for each team is the responsibility of an allocated team captain in consultation with team members and/or their parents. (Younger swimmers should be allocated timeslots during daylight hours where possible, with older swimmers covering the shifts between 10pm and 6am)
 - There must be a minimum of 2 team members present at the pool at all times, one in the water, and one on the poolside as a back-up/reserve.
 - A parent/guardian of swimmers under the age of 18 must complete the permission form for their son/daughter to participate in the event.
 - Friends and family members who wish to come along and support are welcome, but family members only between the hours of 10pm and 6am please. (Usual school pool rules apply, including strictly no smoking or alcohol).
 - The club will look to hold a BBQ at the closing of the event, midday Monday 5th.

Overnight stays

Team members of high-school age or older are permitted to remain at the pool overnight - **parental permission is required for under 18s**. This is at the discretion of individual families, and there is no obligation to stay. Swimmers under the age of 18 who are permitted to stay **must remain within the pool area at all times** unless in the company of a parent/guardian, and must be signed in on arrival and signed out when they leave. An emergency contact number must be recorded on the sign-in sheet for each swimmer.

There will be a swim coach and a minimum of 2 other adults present at the pool to supervise overnight. A supervision roster will be drawn up to ensure adequate adult supervision is provided.

Swimmers must provide their own food, drinks, mozzie repellent and individual swags/tents (no large tents please).

Funds raised

Paper sponsorship forms will be provided for swimmers who would like to use them (downloadable from the website), otherwise there will be online payments for sponsors through the club website.

25% of the funds raised will be donated to the charity 'Books for Bobby'.

The remaining 75% will be split evenly between swimmers and the Coach attending the SA State Championships, to offset the cost of the trip. Any shortfall will be the responsibility of individual swimmers and their families. The Club will pay any shortfall for the Coach. Should there be any surplus it will be invested back into the travelling team as team events, merchandise, team meals, etc. No funds will be retained as club general operating funds.

Eligible swimmers who miss the SA Open qualifying times but would like to go to Adelaide to support the GK team and participate in any training sessions will be permitted to do so and will be allocated the same funding as meet entrants. (Entrance to the pool deck for non-competing swimmers during the meet will be at the discretion of Swimming SA).

Please note that swimmers are expected to participate in fundraising events such as this to be eligible for funding.

Please complete the permission form which can be downloaded from the website and return to:
secretary@gkdsc.com.au

Or in person to Ed or Clare